

Year 6 PE Curriculum Map

<p>NC Use running, jumping, throwing and catching in isolation and in combination Play competitive games and apply basic principles suitable for attacking and defending</p>	<p>NC Use running, jumping, throwing and catching in isolation and in combination Play competitive games and apply basic principles suitable for attacking and defending</p>	<p>NC Use running, jumping, throwing and catching in isolation and in combination Play competitive games and apply basic principles suitable for attacking and defending</p>	<p>NC Develop flexibility, strength, technique, control and balance Perform dances using a range of movement patterns</p>	<p>NC Develop flexibility, strength, technique, control and balance</p>	<p>NC Compare their performances with previous ones and demonstrate improvement to achieve their personal best</p>	<p>NC Take part in outdoor and adventurous activity challenges both individually and within a team</p>
Games: Invasion	Games: Striking & Fielding	Athletics	Dance	Gymnastics	Health Related Exercise	OAA
<p><u>Netball</u> •Consolidate keeping possession •Consolidation of possession skills, develop officiating •Consolidate defending •Create, understand and apply attacking tactics in game situations •Create, understand and apply defending tactics in game situations</p> <p><u>Handball</u> •Consolidate keeping</p>	<p><u>Cricket</u> •Consolidate batting •Consolidate fielding •Consolidate bowling •Create, understand and apply attacking tactics in game situations •Create, understand and apply defensive tactics in game situations</p> <p><u>Tennis</u> •develop our understanding of how we can win a game of doubles tennis.</p>	<p><u>Competitions</u> •Recap running, throwing and jumping units covered in KS2 •Level 1 running •Level 1 throwing •Level 1 jumping •Mini Olympics</p>	<p><u>Carnival</u></p> <ul style="list-style-type: none"> • Perform with technical control and rhythm in a group • Create rhythmic patterns using the body • Experiencing dance from a different culture • Chorographical elements including still imagery 	<p><u>Matching and Mirroring</u></p> <ul style="list-style-type: none"> •Introduction to matching •Application of matching learning onto apparatus •Introduce mirroring •Application of mirroring learning onto apparatus •Sequence development 	<p><u>Health Related Exercise</u></p> <ul style="list-style-type: none"> •Assessing fitness and how it has changed •Understand the cardiovascular system and how aerobic fitness affects our bodies •Understand the meaning of flexibility and how it's effect on our bodies •Understand the meaning of strength and its effect on our 	<p><u>Orienteering</u></p> <ul style="list-style-type: none"> • Use a map to follow a route • Orientate and locate points on a map in a set order • Follow a given route on a map in an allocated time • Compete in a group orienteering competition • <i>OAA activities will be taught through</i>

All unit titles link to the relevant sequence from 'Complete PE' planning. These sequences and objectives are subject to change when specialist coaches have been utilised.

<p>possession</p> <ul style="list-style-type: none"> •Consolidation of possession skills, develop officiating •Consolidate defending •Create, understand and apply attacking tactics in game situations •Create, understand and apply defending tactics in game situations <p>Tag Rugby</p> <ul style="list-style-type: none"> •Consolidate passing and moving •Consolidate defending •Create, understand and apply attacking tactics in game situations •Create, understand and apply defending tactics in game situations •Consolidate attacking and defending in mini games <p>Hockey</p> <ul style="list-style-type: none"> •Recap and refine dribbling and passing to create attacking opportunities and keep possession of the ball • Consolidate pupils' understanding of the 	<ul style="list-style-type: none"> • develop pupils ability to think tactically about which shot to play, during a game. •refine pupils ability to think tactically in game, considering which shot to play • Consolidate game play considering when, where and why pupils are playing a shot to win a point. 				bodies	<i>residential to Kingswood</i>
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<p>rules of the game and how they can apply this knowledge in mini games</p> <ul style="list-style-type: none">• to ensure pupils understand that they are defending as soon as they lose possession of the ball.• consolidate the pupils understanding of defending tactics applying them to into game situations.						
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