NC	NC	NC	NC
Master basic movements including running and jumping, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. Participate in team games, developing simple tactics for attacking and defending.	Master basic movements including throwing and catching, as well as developing co- ordination. Participate in team games, developing simple tactics for attacking and defending.	Master basic movements, as well as developing balance and co-ordination. Perform dances using simple movement patterns.	Master basic movements, as well as developing balance and co-ordination.
Locomotion	Ball Skills	Dance	Gymnastics
Dodging	Hands 1	Water	Linking
•Explore dodging	 Develop dribbling: Keeping possession 	•Responding to stimuli	
•Develop dodging	•Develop passing and receiving: Keeping	•Developing whole group movement	Developing 'Linking'
•Apply dodging: Explore attacking and	possession	·Improvisation and physical descriptions	•Linking on apparatus
defending	•Combine dribbling, passing and receiving,	•Creating sequences	•Jump, roll, balance sequences
•Apply dodging in teams	keeping possession	•Creating contrasting movement sequences	•Jump, roll, balance on apparatus
•Consolidate dodging	•Develop dribbling to score a point		•Creation of sequences
•Level 1 tournament	•Develop passing and receiving to score a		•Completion of sequences and performance
	point		
Jumping	•Combine dribbling, passing and receiving to		
	score a point		<u>Pathways</u>
•Consolidate jumping			
•Apply jumping into a game	Feet 1		• Explore different pathways
•Linking jumping	 Develop dribbling: Keeping possession 		Create movements to link together using
•Explore jumping combinations	 Develop passing and receiving: Keeping 		apparatus
Develop jumping combinations	possession		
Jumping: Level 1 competition	•Combine dribbling, passing and receiving,		
	keeping possession		
	•Develop dribbling to score a point		
	•Combine dribbling, passing and receiving to		
	score a point		

All unit titles link to the relevant sequence from 'Complete PE' planning. These sequences and objectives are subject to change when specialist coaches have been utilised.

•Apply dribbling, passing and receiving as a team to score a point	
Hands 2 (Summer 1) •Develop pupils application and understanding of underarm throwing	
•Consolidate pupils application and understanding of underarm throwing •Applying the underarm throw to win a game	
•Applying the underarm throw to beat an opponent •Introduce overarm throwing: Applying	
overarm throwing to win a game •Level 1 Competition	
Games for Understanding To be added by All for Sport	

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