

GLUTEN/DAIRY FREE MENU

SCHOOL LUNCHES - 2ND HALF AUTUMN TERM 2025



Week One:

Menu Choice	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	GF Tomato Pasta (V)	Sweet & Sour Chicken	Roast Gammon	GF Tomato Pasta (V)	Bubble Crumb Fish Fillet (GF)
Option 2	Jacket Potato with Tuna, Cheese or Beans	Jacket Potato with Tuna, Cheese or Beans	Jacket Potato with Tuna, Cheese or Beans	Jacket Potato with Tuna, Cheese or Beans	Jacket Potato with Tuna, Cheese or Beans
Sides	Cucumber & Tomato Salad	Wholegrain or White Rice & Green Beans	Hasselback Potatoes with Choice of Seasonal Vegetables	Sweetcorn Salad	Oven Chips & Peas
A healthy SALAD BAR available EVERY DAY					
(V) Vegetarian					
Dessert	Fresh Fruit Wedge	Pear with Chocolate Sauce	GF Cake	Fruit Salad	Fresh Fruit
Fresh Fruit available EVERY DAY					
Fresh Milk and Water available EVERY DAY					

Week Two:

Menu Choice	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	GF Tomato Pasta (V)	Chicken Korma Curry	Roast Turkey	GF Sausages	Bubble Crumb Fish Fillet (GF)
Option 2	Jacket Potato with Tuna, Cheese or Beans	Jacket Potato with Tuna, Cheese or Beans	Jacket Potato with Tuna, Cheese or Beans	Jacket Potato with Tuna, Cheese or Beans	Jacket Potato with Tuna, Cheese or Beans
Sides	Salad	Wholegrain or White Rice & Peas	Hasselback Potatoes with Choice of Seasonal Vegetables	Crispy Potato Cubes & Baked Beans	Oven Chips & Baked Beans
A healthy SALAD BAR available EVERY DAY					
(V) Vegetarian					
Dessert	Fresh Fruit	GF Cake	GF Cake	Fruit Whip	Ice Cream Tub
Fresh Fruit available EVERY DAY					
Fresh Milk and Water available EVERY DAY					